

Monday



Pork Sausages (G,S,U)



(V) Chinese Style Quorn Noodles (E,G)

Every day choose from:



(V) Jacket Potato with Cheese (D)

or



Jacket Potato with Tuna Mayonnaise (E,F)

or



(V) Jacket Potato with Cheese and Beans (D)

Week 1 Dessert Menu

Every day we offer:

(V) Yeo Valley organic yoghurt (D) or fresh fruit as alternative dessert options

Monday

(V) Strawberry Swirl Mousse (D)
(V) Cheddar Cheese Crackers and Apple Wedge (G,D)

Tuesday

(V,h) Homemade Iced Mandarin Sponge (G,E)

Wednesday

(V,h) Apple Pie (G) with Custard (D)
Ice Cream Tub (D)

Thursday

(V) Chocolate Mousse with Fruit in Juice (D)
(Vg) Homemade Crunch Cookie (G)

Friday

(V) Homemade Sticky Ginger Cake (G,E)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice, cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown in the photographs.

Friday



Pasta Bolognise (G), Optional Cheese (D)



(V) Rustic Margherita Pizza (D,G)

Thursday



Roast Pork or Gammon



(V) Vegetarian Toad in the Hole (G,D,E)

or



Key

- Vg = Vegan
- V = Vegetarian
- D = Dairy
- N = Coconut/Nuts
- S = Sesame
- E = Egg
- G = Gluten/Wheat
- F = Fish
- M = Mustard
- SB = Soya
- SU = Sulphites

*Salmon and Sweet Potato

Monday



Organic Pork Meatballs (G,S,U)



(V) Vegetable Cottage Pie with Cheesy Mash Top (D)

Tuesday



Brunch: Sausage (G,S,U), Bacon, Omelette (D,E)



(M) Quorn Korma (very mild) (M,D,E)

Every day choose from:



(V) Jacket Potato with Cheese (D)

OR



Jacket Potato with Tuna Mayonnaise (E,F)

OR



(V) Jacket Potato with Cheese and Beans (D)

Thursday



Roast Beef in Gravy



(Vg) Veggie Bolognaise with Noodles (G,SB)



Chicken Pie (D,G)



(Vg) Veggie Sausages (G)

Friday



Breaded Pollock Fillet (F)



(V) Quorn Nuggets (G,D,E)

Week 2 Dessert Menu

Every day we offer:

(V) Yeo Valley organic yoghurt, (D) or fresh fruit as alternative dessert options

Monday

(Vg) Homemade Flapjack (G)

Tuesday

(V,h) Homemade Sponge Cake with Fruit in Juice (G,E)

Wednesday

(V,h) Homemade Fruit Crumble (G) with Custard (D)
(V) Ice Cream Tub (D)

Thursday

(Vg) Homemade Chocolate Shortbread (G)

Friday

(V) Dinky Doughnuts with Dipping Sauce (G,E,D,SB)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

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Meat Free Monday



(V) Cheese and Tomato Pizza Wedge (D,G)



(Vg) Breadcrumbed Vegetable Fingers (G)

Every day choose from:



(V) Jacket Potato with Cheese (D)

OR



Jacket Potato with Tuna Mayonnaise (EF)

OR



(V) Jacket Potato with Cheese and Beans (D)



Week 3 Dessert Menu

Every day we offer:

(V) Yeo Valley organic yoghurt, (D) or fresh fruit as alternative dessert options

Monday

(Vg) Homemade Chocolate Cracknel (G)

Tuesday

Jelly with Fruit
(V) Ice Cream Tub (D)

Wednesday

(Vh) Homemade Up Beet Chocolate Cake (GE)
with Hot Chocolate Sauce (D)

Thursday

(Vg) Homemade Zesty Orange Cookie (G)

Friday

(Vh) Homemade Favourite Fruit Muffin (G,E,D)
(V) Ice Cream Tub (D)

All our meals include a carbohydrate accompaniment, seasonal vegetables and/or salad. We offer a choice of fruit juice cordial, organic semi skimmed milk and water to drink.

Accompaniments may vary to those shown.

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Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.



Tuesday



Organic Beef Grill (G) in a Bun (G)



(V) Cheesy Pasta Bake (G,D)

Wednesday



Roast Chicken Joint or Fillet



(V) Vegetable Korma (M,D,E)

Thursday



Organic Beef Lasagne (G,D)



(Vg) Veggie Hot Dog (G)

Friday



Gluten Free Fish Fingers (F)



(V) Pasta in a Rich Tomato Sauce (D,G)
Tomato Sauce